

**Blazing Beet Juice** 

\$\$6.00 M\$8.50 L\$12.50

Beets, Apples, Celery, Ginger, Cayenne, Garlic

Immunanator Juice

Cucumber, Apple, Pink Grapefruit, Lemon, Vitamin D, Beets

**Immunity Juice** 

Pineapple, Cucumber, Kale, Mint, Ginger, Apple

Immunecicle Smoothie

Orange Juice, Carrot, Apple, Camu Camu, Mango, Ginger



\$\$6.00 M\$8.50 L\$12.50 Meal Replacement Smoothie 336.00 M38.50 L312.50 Strawberry, Protein Option, Banana, Spirulina, Milk or Milk Alternative, Flax Oil

Post-Workout Smoothie

Banana, Protein Option, Milk or Milk Alternative, Cinnamon, Maca, Almond Butter

**Pre-Workout Smoothie** 

Milk or Milk Alternative, Pineapple, Apple, Rolled Oats, Cinnamon, Spinach, Coconut Oil, Banana

Mighty Maca Male Smoothie

Milk or Milk Alternative, Protein Option, Banana, Almond Butter, Cacao, Coconut, Maca Powder

Mighty Maca Female Smoothie

Milk or Milk Alternative, Protein Option, Banana, Almond Butter, Blueberries, Maca Powder



**All-Greens Juice** 

\$\$8.00 M\$10.50 L\$14.50

Celery, Cucumber, Kale, Dandelion, Parsley, Spinach, Lemon, Ginger

Green Ginger Lemonade Juice Apple, Cucumber, Dandelion, Kale, Ginger, Lemon

Acai Berry Smoothie Acai, Blueberries, Chia Seeds, Sweetened Coconut Milk, Banana, Pineapple

Choco-Avocado Smoothie

Avocado, Banana, Chia Seeds, Powder Cacao, Coconut Milk, Bee Pollen

Popeye's Punch Juice

Carrot, Spinach, Kale, Dandelion, Parsley



New Recipe!

# Energize

\$\$6.00 M\$8.50 L\$12.50

Hey Frankie Smoothie
Coconut Water, Spinach, Kale, Banana, Strawberry

Green Gojiccino Smoothie Banana, Milk or Milk Alternative, Gojiccino, Kale, Almond Butter

Greeña Colada Smoothie

Pineapple, Toasted Coconut, Chia, Kale, Flax Oil, Coconut Milk

Hercules Smoothie

Orange Juice, Kale, Spinach, Flax Oil, Banana, Almond Butter



### etox

\$\$6.00 M\$8.50 L\$12.50 GO Green Energizer Smoothie

Banana, Matcha, Milk or Milk Alternative, Cinnamon

**Spring Cleaning Juice** 

Carrot, Celery, Green Cabbage, Parsley, Dandelion

Rustproof Juice

Carrot, Apple, Green Cabbage, Kale, Beet

**Detoxifier Juice** 

Dandelion, Parsley, Pink Grapefruit, Granny Smith Apple, Cayenne

Prices do not include applicable taxes. All Taxes Are Extra



Coffee & Teal
We only use 100% Organic Fair Trade Coffee
Coffee S \$2.00
Sumatra, Full City or Decaf.
Iced Coffee S \$2.50

Coffee Sumatra, Full City or Decaf.	S \$2.00	M \$2.25	
Iced Coffee	<b>S</b> \$2.50	M \$3.50	
Espresso	Single \$2.00 Dou	le \$2.00 Double \$3.00	
Cappuccino	S \$4.00	M \$5.00	
Latte	\$ \$4.00	M \$5.00	
Choice of: Espresso or Tea Iced Latte	\$ \$3.50	M \$6.50	
Americano	S \$3.25	M \$4.25	
Tea Assorted Herbal Teas	\$ \$1.50	M \$1.50	
Hot Chocolate Milk or Milk Alternative Steamed with Co	S \$2.50	M \$3.50	

Specialty Coffee



High Octane	<b>S</b> \$5.50	M \$6.50
Coffee with MCT Oil & Grass Fed Butter Gojiccino	S \$5.50	M \$6.50
Macaccino	S \$5.50	M \$6.50
Hot Chocolate, Maca	3 73.30	741 Ş0.30
Specialty Latte Choice of: Maple Mocha, Seasonal, Matcha	S \$5.50	M \$6.50
<u>Choice of:</u> Maple Mocha, Seasonal, Matcha		
Mushroom Latte	\$ \$5.50	M \$6.50
Chaine of Cardynapa & Charge Or lian's Mana		W \$6.5U



<u>Choice of:</u> Cordyceps & Chaga Or Lion's Mane & Chaga

Mushroom Hot Chocolate S \$5.50 M \$6.50 Choice of: Chocolate Shot with Cordyceps or Chocolate Shot with Reishi



#### Milk & Milk Alternative

2% Dairy, Skim Dairy Milk, Soy, Rice, Almond, Coconut (Sweetened & Unsweetened)

\* Mushroom Boosters

<u>Choice of:</u> Chaga, Cordyceps, Lion's Mane, Reishi

\* Extra Coconut Whin

\* Extra- Coconut Whip \* Extra- Steamed Milk \$0.50



# Superfood Bowls

Smoothie with Granola, Topped with Fresh Organic Fruits & Coconut Whip

Original Bowl

#### **Breakfast Acai Bowl**

14oz \$9.00

Acai Smoothie (Acai, Coconut Milk, Orange Juice, Banana, Strawberries) with Granola, Unpasteurized Honey, Coconut Whip

#### Green Acai Bowl

Green Acai Smoothie(Acai, Banana, Kale, Spirulina, Almond Milk), with Pineapple, Granola, Coconut Whip



#### Chocolate Avocado Bowl

Chocolate Avocado Smoothie (Coconut Milk, Avocado, Banana, Cacao, Maple Syrup) with Granola, Banana, Blueberries, Coconut Whip

#### Protein Bowl



#### Chocolate Avocado Protein Bowl

14oz \$11.00

Chocolate Avocado Smoothie (Coconut Milk, Avocado, Banana, Cacao, Maple Syrup, Protein) with Granola, Banana, Coconut Whip

#### **Acai Protein Bowl**

Acai, Banana, Protein, Almond Milk, Granola, Almond Butter, Cacao Powder, Chia Seeds, Coconut Whip

Prices do not include applicable taxes. All Taxes Are Extra We only use Organic Produce!



# Custom Juices & Smoothies

### Step 1: Choose Your Size

8oz
1 Base, 1 Greens, 1 Veggie/Fruit
16oz
1 Base, 2 Greens, 1 Veggie/Fruit
24oz
1 Base, 2 Greens, 2 Veggie/Fruit

#### Step 2: Choose Your Base

Juice

Carrot, Apple, Cucumber, Celery, Orange Juice

Smoothie

2% Dairy, Skim Dairy Milk, Soy, Rice, Almond, Coconut (Sweetened & Unsweetened)

### Step 3: Choose Your Greens

Kale, Dandelion, Parsley, Cabbage, Romaine, Spinach, Swiss Chard, Broccoleaf, Collards, Broccoli, Cilantro, Sprouts

### Step 4: Choose Your Veggie/Fruit

Veggie

Beets, Turmeric, Ginger, Garlic, Peppers, Fennel, Zucchini

Fruits

Blueberries, Strawberries, Raspberries, Blackberries, Bananas, Avocados, Mangoes, Pears, Lemons, Limes, Grapefruits, Dates, Pineapple

## Add a Booster to Enhance Your Juice/Smoothie

Basic \$1.00 Premium \$2.00

All organic fruits & vegetables are subject to availability.
If there is an item that you require that is not on our menu, please ask for assistance.



## **Boosters**

Extra Base	\$1.00	
Extra Greens	\$1.00	
Extra Fruit	\$1.00	
Extra Veggies	\$1.00	
Basic Boosters Spirulina, Chlorophyll, Vitamin D, Chia Seeds, Almond Butter, Ke Premium Boosters	\$1.00 fir \$2.00	
Vegan Protein, Whey Protein, Matcha, Maca, Mega Foods Energy,		
Mega Foods Turmeric, Flax Oil, Hemp Oil, Fish Oil, Oregano Oil, Bee Pollen, Royal Jelly, Ginseng, Echinacea,		
Milk Thistle, Hawthorne, MCT Oil, Camu Camu, Coconut Whip		



Shots

Wheatgrass

1oz\$3.50 2oz\$6.00